

tulip noir

winter brunch

farm fresh eggs

- 11.5 **pasta scramble:** two farm fresh scrambled eggs, cavatappi curly pasta, kale, spinach, parmesan, basil, and sundried tomatoes all on a bed of arugula
- 9.5 **make your own omelet:** two farm fresh eggs...choose any 3 of the following options: spinach, kale, onion, tomato, garbanzo beans, herb bacon, butternut squash, eggplant, mushrooms, red bell pepper, zucchini, feta, parmesan, cheddar, provolone, horseradish, walnuts, pesto, or salsa (additional items are \$1. each) (add \$3. for sausage or smoked salmon) (add \$1. for toast)
9. **original eggs benedict:** two farm fresh eggs atop Boar's Head Canadian bacon and a whole wheat english muffin with our divine hollandaise sauce
9. **sam's eggs benedict:** one farm fresh poached egg perched atop Boar's Head turkey pastrami, and roasted potatoes, topped with our divine hollandaise and red bell pepper all on a bed of arugula
9. **basic breakfast:** two farm fresh eggs, your choice of bacon, sausage, or organic tempeh and multigrain toast (add \$3. for a side of potatoes)
2. **farm fresh eggs:** 1, 2, or 3 prepared any style (price per egg served)

pancakekeys, waffles, etc

- 8.75 **pancakekeys:** five pancakekeys made with organic wheat flour topped with bananas, raw sliced almonds, cinnamon, powdered sugar and honey... listed on Indianapolis Monthly's "Best of Indy" List this year!!
- 8.5 **whole wheat blueberry pancakes:** three blueberry pancakes made with organic wheat flour, organic sugar, and farm fresh eggs, topped with orange and lime zest, served with blueberry-pomegranate syrup
9. **jeff's fritters:** three carrot parsnip fritters, with parmesan, onion and herbs served with gorgonzola creme fraiche on a bed of spinach (gf)
- 9.5 **banana buckwheat pancakekeys:** five tasty little pancakekeys made with organic buckwheat topped with cinnamon, and walnuts drizzled with agave (gf/vegan)
10. **blueberry french toast:** two slices of our amazing french toast served with blueberry compote....simple...yet amazing!!!... listed on Indianapolis Monthly's "Best of Indy"
- 10.5 **marzipan french toast:** two slices of our amazing french toast topped with toasted coconut flakes, and sliced raw almonds served with our almond syrup
- +1. **gluten free (gf) options:** ask for gluten free bread, english muffins or a brown rice wrap on all menu items; also look for the (gf) to mark naturally gluten free items

bakes & sweets

scones: ask your server for flavor of the day

winter brunch

salads & sandwiches

- 9.5 **avery's breakfast salad:** a bowl of greens, spinach, red cabbage, pears and raw walnuts with our poppy seed vinaigrette (gf/vegan)
- 9.75 **veggie quesadilla:** a multi-grain tortilla stuffed with zucchini, yellow squash, mushrooms, onion, red bell pepper, pepper jack cheese, avocado sauce and spinach, served with a side of salsa
(add \$1.75 for a scrambled egg)
11. **open face egg sandwich:** two farm fresh scrambled eggs atop smoked salmon, tomato, provolone and balsamic red onion marmalade, on sliced whole grain baguette
9. **smoked salmon bagel:** smoked salmon with cream cheese, sliced red onion, and capers served with a 4 grain honey bagel
7. **original egg sandwich:** one farm fresh fried egg, spinach, and spinach with a schmear of pesto, and prosciutto on a whole wheat english muffin served with a side of greens

sides

- 4.5 **bowl of fresh fruit:** seasonal selections vary from day to day...
it's all about flavor and freshness!
- 6.5 **creamy multi-grain oatmeal:** organic steel cut oats, barley, and flax topped with blueberry compote served in a cup
(add \$1.75 for a bowl) (vegan)
- 6.5 **warm quinoa of the week:** a cup of organic quinoa cooked topped a treat of the week (add \$1.75 for a bowl) (gf/vegan)
3. **bagel with cream cheese:** your choice of multi-grain, sesame, cinnamon raisin or plain
- 3.5 **herb roasted potatoes:** yukon, red, and sweet potatoes roasted with herbs (gf/vegan)
- 2.5 **toast:** two slices of bread with butter (wheat, rye or white)
- 5.5 **deluxe toast:** two slices of whole wheat toast topped with cinnamon, raw walnuts, raw pecans, raw almonds, and dried cranberries, drizzled with honey
- 4.5 **honey-herb bacon** (4 strips) **pork** (2 links)/**turkey** (3 links) **sausage**

children's menu

- 6.5 **children's special:** we are happy to create a children's item- a scrambled egg and fruit, a few pancakekeys, or a variation of a menu item