

tulip noir

winter brunch

eggs

12. **ratatouille and eggs:** vegetable stew served on a bed of spinach and quinoa topped with two fried omega 3 eggs
11. **balsamic scramble:** two omega 3 eggs scrambled with goat cheese, walnuts, and asparagus topped with reduced balsamic vinegar served on a bed of fresh spinach and a slice of toast
- 8.75 **make your own omelet:** two omega 3 eggs...choose any 3 of the following options: spinach, kale, asparagus, red onion, tomato, honey-herb bacon, mushrooms, red bell pepper, smoked gouda, parmesan, cheddar, provolone, horseradish and/or salsa (add toast)
- +1. **original eggs benedict:** two omega 3 eggs atop canadian bacon and a whole wheat english muffin with our divine hollandaise sauce
- 8.5 **deluxe eggs benedict:** one omega 3 egg atop a slice of grilled eggplant, topped with sautéed zucchini, onions, red bell pepper, and hollandaise all on a bed of arugala
- 8.75 **basic breakfast:** two omega 3 eggs, a choice of bacon or sausage, and multigrain toast (add a side of potatoes)
- +2. **omega 3 egg:** 1, 2, or 3 prepared any way (price per egg served)
- 1.75

pancakekeys, waffles, etc

- 8.5 **pancakekeys:** five pancakekeys topped with sliced bananas, sliced almonds, cinnamon, powdered sugar and honey
- 8.5 **whole wheat blueberry pancakes:** three blueberry pancakes topped with orange zest and powdered sugar served with blueberry/pomegranate syrup
- 9.25 **whole wheat waffle:** one waffle topped with a strawberry-blueberry compote, served with our blueberry/pomegranate syrup
- 8.5 **carrot fritters:** three fritters with carrots, parsnips, parmesan, onion and herbs served with horseradish crème fraiche on a bed of arugala (gf)
- 10.5 **dreamy french toast:** topped with sliced apples and walnuts, served with a side of maple syrup
- 10.5 **traditional dreamy french toast:** topped with a blueberry-strawberry compote, served with our homemade blueberry-pomegranate syrup
- 9.50 **buckwheat pancakes:** three pancakes topped with strawberry-blueberry compote; served with blueberry-pomegranate syrup (gf)
- +1.5 **gluten free (gf) options:** ask for gluten free bread or a brown rice wrap on all menu items and look for the (gf) to mark naturally gluten free items.

bakes & sweets

2. **scones:** ask your server for flavor of the day
- 1.5 **cookies or biscuits:** ask your server as types and flavors change
- 4.5 **ice cream topped with espresso:** your choice of ice cream
- 5.75 **blueberry crisp:** blueberries topped with an oatmeal and walnut crisp (its best ala mode)
- +1

winter brunch

salads & sandwiches

- 10.25 **house salad:** baby greens, spinach, red cabbage, tomato, red bell pepper, cucumber and almonds with our lemon vinaigrette
- 10.75 **winter salad:** fresh baby greens, sliced pears, gorgonzola cheese, beets, red cabbage, walnuts w/ poppy seed dressing
7. **breakfast salad:** greens, spinach, red cabbage, pears and walnuts with orange citrus vinaigrette in a bowl
- 9.75 **smoked salmon sandwich:** smoked salmon with balsamic red onion marmalade, dill cream cheese, and crispy capers, served with a multi-grain bagel
- 8.5 **veggie quesadilla:** a multi-grain tortilla with zucchini, onion, red bell pepper, pepper jack cheese, spinach, avocado sauce and cilantro served with a side of salsa and avocado sauce
- +1.75 (add a scrambled egg)
8. **grilled peanut butter with bananas:** whole grain bread, peanut butter, sliced bananas, our homemade fig jam...grilled!
- 10.5 **open face egg sandwich:** sliced whole grain baguette, two omega 3 scrambled eggs atop smoked salmon, tomato, provolone and balsamic red onion marmalade
7. **original egg sandwich:** one omega 3 fried egg, spinach, basil pesto, and prosciutto on a whole wheat english muffin and a side salad
9. **breakfast hoagie:** sautéed spinach, kale, and onions, dill, tomato, feta, and two eggs...grilled with a side salad

sides

- 4.5 **bowl of fresh fruit:** seasonal selections may vary from day to day...it's all about flavor and freshness!
- 5.75 **creamy oatmeal:** steel cut oats topped with strawberry-blueberry compote and crème fraiche served in a cup (or a bowl)
- +1.75
6. **warm quinoa:** a cup of quinoa served with rosemary honey topped with nuts and crystallized ginger (or a bowl) (gf)
- +1.75
- 3.5 **roasted potatoes:** yukon, red, and sweet potatoes roasted with herbs (gf)
- 2.5 **toast:** two slices of bread with butter (wheat, rye or white)
- 4.5 **deluxe cinnamon toast:** cinnamon toast with honey and pecans on brioche
- 4.25 **honey-herb bacon** (3 strips) **pork or turkey sausage** (2/3 links)

children's menu

- 5.5 **children's special:** we are happy to create a children's item for you ½ of a peanut butter and jelly sandwich with fruit, grilled cheese, or a variation of a menu item

thanks for choosing tulip